## SkinPen Post Treatment Care:

- No working out for 48 hours post treatment
- No makeup for 48 hours post treatment
- Gentle Cleanser to be used 1 week post treatment
- Rescue Cream (give at the appointment) to be used 1 week post treatment or until it runs out which point a gentle moisturizer can be resumed
- Physical sunblock can be resumed 24 hours post treatment and chemical sunblocks can be resumed 48 hours post treatment
- Try not to touch the skin too much during 48 hour healing phase to reduce risk of any infection
- Avoid retinols, glycolics, salicylic, benzoyl, other exfoliating prescription topicals, scrubs, Clarisonics for 1 week. After a week all exfoliants may be resumed unless any dryness post treatment persists.