

Microblading Aftercare Instructions

Follow these instructions after your microblading session. If you have any additional questions or any unexpected problems with healing of the skin please contact us immediately to discuss further instructions. 815-933-2227 (Bourbonnais office) or 312-263-4625 (Chicago office) or email Jessica at jcollins@pinski.com.

***Day ONE (Day one of treatment)** - Wait 2 hours and let the wounds weep lymph (leak any extra fluid from the skin). After 2 hours you must wipe off the area with a moistened cotton pad (not saturated in water), then apply a thin layer of Aquaphor with a cotton swab. Wipe the brows with the moistened cotton pad every 1-2 hours, and then reapply a thin layer of the ointment every time. This will ensure your brows won't scab, too much ointment will cause the pigment to scab. At night wash the treated area with warm water and mild soap like Cetaphil. Wash your hands with a disinfectant soap before washing your eyebrows or applying the post-care ointment (Aquaphor).

***Days 2-9-** Repeat the wiping of the brows 3 times a day. At night wash the treated area with warm water and mild soap. Wash your hands with disinfectant soap before washing your eyebrows and/or applying the ointment.

***AVOID Days 2-12:**

- Increased sweating. It is recommended not to sweat (heavily) the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area.
- Practicing sports
- Swimming
- Hot sauna, hot bath, Jacuzzi
- Sun tanning or indoor tanning. Absolutely no sun, sweating, or tanning prior to the procedure or after the procedure for 10 days.
- Any laser or chemical treatments or peels
- Any creams containing Retin-A, Glycolic Acid, Benzoyl Peroxide, AHA, Hydroquinone (Bleaching Cream) on the face and neck.
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment.
- Drinking alcohol in excess, as it may lead to slow healing of wounds.
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles.
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab.
- First signs of infection (fever, chills, drainage) please give our office a call.
- NOTE: NO Botox and microdermabrasion's for 4 weeks.
- Avoid sleeping on your face for the first 5 days.

Before showering apply a layer of ointment to protect your eyebrows from moisture. During the shower keep your face away from the shower head. Itching and flaking may appear during the first seven days post microblading procedure. However, experience has shown that by following these after care instructions, these symptoms may quickly disappear. The healing of deeper wounds might last between 12-21 days. Touch ups and/or correction of the shape-design is recommended only after this period. The touch up is to complete the brow.

Your new temporary eyebrow will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin. Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the color pigment is fading too quickly. However, this is just superficial color and dry skin being naturally removed from your eyebrows. Once completely healed, always apply a layer of SPF 30+ on your eyebrows daily. Sun exposure might cause the color pigment to fade away more quickly.