

Revised January 2022

**The Dermatology Center, PSC.
A VitalSkin Dermatology Affiliate
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2857 Charlestown Rd. Suite 100, New Albany, IN 47150
(812) 944-7500 Option #3 (Nurses Line)**

**In case of an emergency after hours
Call the provider that performed your procedure.**

**Dr. Banet (812) 987-5526
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HOME CARE INSTRUCTIONS FOR SHAVE REMOVAL/BIOPSY/ED&C

- REMOVE THE ORIGINAL BAND-AID/DRESSING IN 24 HOURS
- WASH THE WOUND GENTLY WITH SOAP AND WATER TWICE A DAY
- **DO NOT** USE HYDROGEN PEROXIDE TO CLEAN THE WOUND
- APPLY VASELINE OR PRESCRIPTION ANTIBIOTIC TO THE WOUND TWICE A DAY. USE A BAND-AID OR NON-STICK DRESSING TO COVER THE WOUND.
- EXTRA STRENGTH TYLENOL CAN BE TAKEN FOR PAIN IF NEEDED. DO NOT TAKE ASPIRIN CONTAINING PRODUCTS UNLESS INSTRUCTED BY YOUR PHYSICIAN. ICE PACKS (IN A TOWEL) FOR 20 MINUTES EVERY HOUR (AS NEEDED) CAN ALSO BE HELPFUL FOR PAIN AND SWELLING

CRYOTHERAPY (FREEZING) OR CANTHACUR

YOU MAY CONTINUE ALL NORMAL ACTIVITIES, INCLUDING BATHING AND SWIMMING. IMMEDIATELY AFTER FREEZING ONE CAN EXPECT STINGING, BURNING, OR ITCHING SENSATION FOR AT LEAST 10-15 MINUTES AFTER THE PROCEDURE; THIS IS NORMAL. THE SKIN AROUND THE TREATED AREA MAY PUFF UP, BLISTER, AND BE REDDENED FOR SEVERAL DAYS. IN THE CASE OF BLISTERING AFTER FREEZING, IF THE BLISTER IS TENSE AND VERY UNCOMFORTABLE, IT IS OKAY TO DRAIN THE BLISTER AT THE BASE WITH A CLEAN NEEDLE, TRY NOT TO REMOVE THE ROOF OF THE BLISTER. THE AREA THAT WAS FROZEN MAY RESOLVE WITH EITHER AN AREA OF LIGHTER (HYPOPIGMENTED) OR DARKER (HYPERPIGMENTED) SKIN. A SMALL SCAR MAY PERSIST INDEFINITELY. THERE CAN ALSO BE A CHANGE IN SENSATION (SUCH AS NUMBNESS) AND IS USUALLY TEMPORARY.

ADDITIONAL INFORMATION

1. During the first 7-10 days there will be little apparent progress. All wounds develop a small halo of redness (should not be larger than the width of your thumb) that means healing is occurring. Extensive itching and a lot of redness usually indicates a reaction to the band-aids. Call our office if this develops.
2. Swelling and/or discoloration around the surgical site are not uncommon, particularly if the surgery is on the face.
3. All wounds normally drain (the larger the wound, the more drainage). This is why daily dressing changes are important. The drainage becomes less apparent after the first week. After 1-2 weeks the healing becomes more rapid and you will notice the wound begin to shrink and new skin beginning to grow. A healed wound has a healthy, shiny look to the surface and is red to dark pink in color. Small wounds may heal in 2-3 weeks. Larger wounds may take up to 4-5 weeks. After the wound is healed, you can stop daily dressing changes. The wound will remain quite red and may take 6-12 months to fade completely.
4. You may experience a sensation of tightness or itchiness as your wound heals. This is normal and will gradually subside. After the wound is healed, frequent, gently massage of the area with Vitamin E oil will help diminish the scar.
5. If you should experience any signs of infection (increased pain, redness, wider than your thumb) or any red streaking, or increased swelling, contact our office at the number given above.
6. Significant bleeding is rare, but if this happens apply CONTINUOUS pressure for 20 minutes at two different intervals, this will usually stop any bleeding. If the bleeding does not stop, then contact us at the office number or after hours